

Ingredients

- 6 Medium apples
- 1/3 Cup water
- 3 Tablespoons sugar
- 1/2 Teaspoon cinnamon



Directions

1. *Prep Apples:* Peel, core, and chop the apples
2. *Mix in Saucepan:* Apples, water, sugar and cinnamon
3. *Simmer:* Cook over medium heat
4. *Stir:* Occasionally until the apples are soft
5. *Optional:* Mash apples with a masher or blend until smooth.